



## Caithness Alcohol and Drug Service (Thurso)

Service name:	Caithness Alcohol and Drug Service (Thurso)
Address:	CMHT Dunbar Hospital Ormlie Road
Town:	Thurso
Postcode:	KW14 7XE
Telephone number:	01847 891224
Health board area:	Highland
Local authority area:	Highland
Alcohol and Drug Partnership (ADP) area:	Highland
Type of service:	Statutory
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work
Client access (please select all that apply):	18+

### Service Access

Opening days and times:	Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm Friday: 9.00am - 5.00pm Saturday: Closed Sunday: Closed
Service access:	By Appointment

### Substances treated/targeted:

Substances treated/targeted:	Yes Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol
Selected substances treated/targeted:	
Advice and information:	Yes

### Family services

Family services:	Yes
Family services options:	Other (please specify below)

If other has been selected, please specify:

Support provided for Family and Friends.

**Prescribing service**

Prescribing:

Yes

Prescribing options:

As part of the service

**Rehabilitation and other services**

Rehabilitation and other services provided:

Drop-in sessions

Needle exchange:

No

We are an N.H.S. recovery focused supportive treatment service for any adult concerned about their drug or alcohol use, We work towards a service users own goals for recovery at all times with a strong emphasis on harm reduction. We also offer support for family/friends. We provide 3 confidential Drop in's a week for anyone concerned about their own or someone else's drug and alcohol use, one of these is in the evening. We can work in partnership with other agencies including housing, education/training/financial support where indicated ensuring a holistic approach to recovery.

**Further information**