



## Substance Misuse Recovery Service (Shetland)

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| Service name:                                 | Substance Misuse Recovery Service (Shetland)   |
| Address:                                      | Mental Health Department<br>Lerwick Health Centre<br>South Road  |
| Town:   | Lerwick  |
| Postcode:                                     | ZE1 0RB  |
| Telephone number:                             | 01595 743006   |
| Fax number:                                   | 01595 696559   |
| Website:                                      | <a href="http://www.shb.nhs.uk/community/mentalhealth.asp">www.shb.nhs.uk/community/mentalhealth.asp</a> |
| Health board area:                            | Shetland   |
| Local authority area:                         | Shetland   |
| Alcohol and Drug Partnership (ADP) area:      | Shetland   |
| Type of service:                              | Statutory  |
| Nature of service:                            | Community Based  |
| Referrals:                                    | GP, Health Professional  |
| Client access (please select all that apply): | 18+, 21+, Non-gender specific  |

### Service Access

|                         |   |
|-------------------------|---|
| Opening days and times: | Monday: 9.00am - 5.00pm<br>Tuesday: 9.00am - 5.00pm<br>Wednesday: 9.00am - 5.00pm<br>Thursday: 9.00am - 5.00pm<br>Friday: 9.00am - 5.00pm<br>Saturday: Closed<br>Sunday: Closed |
| Service access:         | By Appointment, No Appointment Required,<br>Contact Address Required  |

### Substances treated/targeted:

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|---------------------------------------|---|
| Substances treated/targeted:          | Yes<br>Heroin, Dihydrocodeine or other<br>Opiates/Opioids, Cocaine, Amphetamine or<br>other Stimulants, Cannabis or Synthetic<br>Cannabinoids, Diazepam (Valium) or other<br>Benzodiazepines, MDMA/Ecstasy or other<br>Empathogens, Ketamine, Methoxetamine or<br>other Dissociatives, LSD and other<br>Psychedelics, Solvents/volatile substances,<br>Prescription medication, Over the counter<br>medication, Alcohol |
| Selected substances treated/targeted: |   |
| Advice and information:               | Yes   |
| Counselling:                          | Yes   |

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| Counselling options:   | One-to-One, Motivational Interview, Cognitive Behaviour Therapy   |
| Detoxification as part of the service:                                     | Yes   |
| Detoxification options:  | Home Based Detox, Outpatient Detox  |
| <b>Family services</b>   |   |
| Family services:   | Yes   |
| Family services options:   | Carer support groups  |
| <b>Mental health service</b>   |   |
| Mental health: does your service provide mental health support and advice? | Yes   |
| Mental health support options:   | As part of the service<br>Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating Disorders, Bipolar Disorder, Psychosis, Personality disorder, Other (please specify below)  |
| Mental health support option types:  |   |
| Mental health interventions:   | Yes<br>Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Crisis Resolution, Stepped care model for psychological therapies, Dual Diagnosis, Prescribing psychotropic medication |
| Mental health intervention options:  |   |
| <b>Prescribing service</b>   |   |
| Prescribing:   | Yes   |
| Prescribing options:   | As part of the service, By referral, Methadone, Buprenorphine, Naltrexone, Naloxone, DF118s, Benzodiazepine, Other (please specify below)   |
| <b>Rehabilitation and other services</b>                                   |   |
| Rehabilitation and other services provided:                                | Drug testing, Education and training (by referral), Groupwork   |
| Criminal justice services:   | Yes   |
| Criminal justice services options:   | Expert witness (for own clients), Prison aftercare, Condition of a DTTO   |
| Needle exchange:   | No  |