



## Change Grow Live Forth Valley Recovery Service (Alloa)

Service name: Change Grow Live Forth Valley Recovery Service (Alloa)  
Address: Limetree House  
North Castle Street  
Town: Alloa  
Postcode: FK10 1EX  
Telephone number: 08081962188  
Fax number: N/A  
Organisation email: [fv.cglforthvalley@nhs.scot](mailto:fv.cglforthvalley@nhs.scot)  
Website: [www.changegrowlive.org/recovery-service-forth-valley/sites](http://www.changegrowlive.org/recovery-service-forth-valley/sites)  
Health board area: Forth Valley  
Local authority area: Clackmannanshire  
Alcohol and Drug Partnership (ADP) area: Clackmannanshire  
Type of service: Voluntary  
Nature of service: Community Based  
Referrals: Any Agency, Self Referral, GP, Health Professional, Social Work, Court, Other (please specify below)  
If other has been selected, please specify: Police Scotland, Families and Friends, Employability Services  
Client access (please select all that apply): 18+, 21+, Non-gender specific

### Service Access

Opening days and times: Monday: 9.00am - 5.00pm  
Tuesday: 9.00am - 5.00pm  
Wednesday: 9.00am - 5.00pm  
Thursday: 9.00am - 5.00pm  
Friday: 9.00am - 5.00pm  
Saturday: Closed  
Sunday: Closed  
By Appointment, No Appointment Required, Home Visits, Contact Address Required, Out of Hours Service  
Service access: Telephone support and webchat  
Out of hours service details: 0808 1962 188  
Telephone helpline:

### Substances treated/targeted:

Substances treated/targeted: Yes  
Selected substances treated/targeted: Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or

other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol

Advice and information:

Yes

### **Mental health service**

Mental health: does your service provide mental health support and advice?

Yes

Mental health support options:

Joint working with relevant agencies  
Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Personality disorder

Mental health support option types:

Yes

Mental health interventions:

Mental health intervention options:

Brief Interventions, Screening

### **Outreach service**

Outreach:

Yes

Outreach options:

Outreach Clinics, Streetwork

### **Rehabilitation and other services**

Rehabilitation and other services provided:

Drop-in sessions, Engage Volunteers, Engage peer volunteers, Groupwork, Sexual Health, Structured day programme, Talks/training, Stalls at exhibitions/seminars

Criminal justice services:

Yes

Criminal justice services options:

Prison aftercare, Arrest referral, Condition of a probation order, Other (please specify below)

If other has been selected, please specify:

Condition of a CPO

### **Needle Exchange**

Needle exchange:

Yes

Opening days/times:

Monday: 12.00pm 2.00pm  
Tuesday: 12.00pm 2.00pm  
Wednesday: 12.00pm 2.00pm  
Thursday: 12.00pm 2.00pm  
Friday: 12.00pm 2.00pm  
Saturday: Closed  
Sunday: Closed

Needle exchange services:

Citric acid, Water for injecting, Sterile spoons, Filters, Needles/syringes packs, Needles/syringe selection system, Specific Image and Performance Enhancing Drugs kits, Foil, Pre-injection swabs, Condoms, Lubricants, Other (please specify below)

Needle exchange services other:

Vitamin C

Do you provide additional services?:

Yes

Needle exchange additional services:

Mobile Exchange, Facility for the return of used equipment, Distribution to friends, family and carers, Other (please specify below)

If other, please specify:	Postal IEP
Do you provide specific clinic for clients who use Specific Image and Performance Enhancing Drugs (IPEDS)?:	No
Information services:	Yes
Information resources available:	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, Wound Care, IPEDS
Face to face advice services:	Yes
Face to face advice topics:	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, IPEDS, Demonstration of paraphenalia use, Demonstration of safer injection practise

### **HIV and hepatitis services**

HIV and hepatitis:	Yes
HIV and hepatitis options:	HIV Testing, Hepatitis B Testing, Hepatitis C Testing, Specialist Worker, Dry blood spot testing

### **Naloxone services**

Naxalone training:	Yes
Training provision:	Overdose Training, Naloxone Training
Naloxone supply:	First supply of Naloxone kits, Re-supply Naloxone kits following use, Facility for the return of used Naloxone kits
	We can offer: -Advice and recovery support - Experienced Recovery Coordinators -Harm Reduction advice and interventions including Injecting Equipment Provision (IEP) and naloxone -Connections to a range of local partners and NHS substance use treatment options -Structured 1 to 1 support -Foundations of Recovery Group Work Programme - Community rehabilitation including access to volunteering, education and employment opportunities. We have a Recovery Hub at our sites where the team is joined by other support services. This includes Citizens Advice Bureau, Hepatology, the Forth Valley Recovery Community, Health and volunteers with lived experience. It's a bit like a 'one-stop shop' for support in relation to substance use, or difficulties arising from this use.

### **Further information**