



## Change Grow Live Forth Valley Recovery Service (Stirling)

Service name:	Change Grow Live Forth Valley Recovery Service (Stirling)
Address:	Unit 2A, 30 Goosecroft Road
Town:	Stirling
Postcode:	FK8 1JX
Telephone number:	08081962188
Fax number:	N/A
Organisation email:	fv.cglforthvalley@nhs.scot
Website:	<a href="http://www.changegrowlive.org/recovery-service-forth-valley/sites">www.changegrowlive.org/recovery-service-forth-valley/sites</a>
Health board area:	Forth Valley
Local authority area:	Stirling
Alcohol and Drug Partnership (ADP) area:	Stirling
Type of service:	Voluntary
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work, Other (please specify below)
If other has been selected, please specify:	Police Scotland, Families and Friends, Employability Services
Client access (please select all that apply):	18+, 21+, Non-gender specific

### Service Access

Opening days and times:	Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm Friday: 9.00am - 5.00pm Saturday: Closed Sunday: Closed
Service access:	By Appointment, No Appointment Required, Home Visits, Out of Hours Service
Out of hours service details:	Telephone Helpline and Webchat
Disabled access:	Yes
Telephone helpline:	08081962188

### Substances treated/targeted:

Substances treated/targeted:	Yes
Selected substances treated/targeted:	Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic

	Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol
Advice and information:	Yes
<b>Mental health service</b>	
Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	Joint working with relevant agencies Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Personality disorder
Mental health support option types:	
Mental health interventions:	Yes
Mental health intervention options:	Brief Interventions, Screening
<b>Outreach service</b>	
Outreach:	Yes
Outreach options:	Outreach Clinics, Streetwork
<b>Rehabilitation and other services</b>	
Rehabilitation and other services provided:	Drop-in sessions, Engage Volunteers, Engage peer volunteers, Groupwork, Sexual Health, Structured day programme, Talks/training, Stalls at exhibitions/seminars
Criminal justice services:	Yes
Criminal justice services options:	Prison aftercare, Arrest referral, Other (please specify below)
If other has been selected, please specify:	Condition of a CPO
<b>Needle Exchange</b>	
Needle exchange:	Yes
	Monday: 12.00pm - 2.00pm Tuesday: 12.00pm - 2.00pm Wednesday: 12.00pm - 2.00pm Thursday: 12.00pm - 2.00pm Friday: 12.00pm - 2.00pm Saturday: Closed Sunday: Closed
Opening days/times:	Citric acid, Water for injecting, Sterile spoons, Filters, Needles/syringes packs, Needles/syringe selection system, Specific Image and Performance Enhancing Drugs kits, Foil, Pre-injection swabs, Condoms, Lubricants, Other (please specify below)
Needle exchange services:	
Needle exchange services other:	Vitamin C
Do you provide additional services?:	Yes
Needle exchange additional services:	Mobile Exchange, Facility for the return of used equipment, Distribution to friends, family and carers, Other (please specify below)
If other, please specify:	Postal IEP

Do you provide specific clinic for clients who use Specific Image and Performance Enhancing Drugs (IPEDS)?:	No
Information services:	Yes
Information resources available:	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, Wound Care, IPEDS
Face to face advice services:	Yes
Face to face advice topics:	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, IPEDS, Demonstration of paraphernalia use, Demonstration of safer injection practise

### **HIV and hepatitis services**

HIV and hepatitis:	Yes
HIV and hepatitis options:	HIV Testing, Hepatitis B Testing, Hepatitis C Testing, Specialist Worker, Dry blood spot testing

### **Naloxone services**

Naloxone training:	Yes
Training provision:	Overdose Training, Naloxone Training
Naloxone supply:	First supply of Naloxone kits, Re-supply Naloxone kits following use, Facility for the return of used Naloxone kits
	We can offer: -Advice and recovery support - Experienced Recovery Coordinators -Harm Reduction advice and interventions including Injecting Equipment Provision (IEP) and naloxone -Connections to a range of local partners and NHS substance use treatment options -Structured 1 to 1 support -Foundations of Recovery Group Work Programme - Community rehabilitation including access to volunteering, education and employment opportunities. We have a Recovery Hub at our sites where the team is joined by other support services. This includes Citizens Advice Bureau, Hepatology, the Forth Valley Recovery Community, Health and volunteers with lived experience. It's a bit like a 'one-stop shop' for support in relation to substance use, or difficulties arising from this use.

### **Further information**