



## Alternatives (Dumbarton)

Service name:	Alternatives (Dumbarton)
Address:	1/3 Quay Street
Town:	Dumbarton
Postcode:	G82 1LJ
Telephone number:	01389 734500
Website:	<a href="http://www.alternativeswd.org/">www.alternativeswd.org/</a>
Health board area:	Greater Glasgow And Clyde
Local authority area:	West Dunbartonshire
Alcohol and Drug Partnership (ADP) area:	West Dunbartonshire
Type of service:	Voluntary
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work, Court, Other (please specify below)
If other has been selected, please specify:	Anyone can refer but only if client consents.
Client access (please select all that apply):	18+, 21+, Non-gender specific, Couples, Women with children, Couples with children, Men with children

### Service Access

Opening days and times:	Monday: 8.45am - 4.45pm & Family Support Group 6pm - 8pm Tuesday: 8.45am - 4.45pm Wednesday: 8.45am - 4.45pm Thursday: 8.45am - 4.45pm Friday: 8.45am - 4.00pm Saturday: Closed Sunday: Closed
Service access:	No Appointment Required, Home Visits

### Substances treated/targeted:

Substances treated/targeted:	Yes
Selected substances treated/targeted:	Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication

Advice and information:	Yes
Counselling:	Yes
Counselling options:	One-to-One, Motivational Interview, Cognitive Behaviour Therapy
If other has been selected, please specify:	Community Day Programme
<b>Family services</b>	
Family services:	Yes
Family services options:	Carer support groups
	Day Programme & assesment / access to Safe as Houses Therapeutic Community 14 bedded unit ( 24/7 support )
If other has been selected, please specify:	
<b>Outreach service</b>	
Outreach:	Yes
Outreach options:	Streetwork
<b>Rehabilitation and other services</b>	
Rehabilitation and other services provided:	Access to supported accomodation, Advocacy, Alternate therapies e.g. acudetox, Drop-in sessions, Education and Training, Education and training (by referral), Engage Volunteers, Engage peer volunteers, Groupwork, Sexual Health, Structured day programme, Talks/training, Stalls at exhibitions/seminars
Criminal justice services:	Yes
Criminal justice services options:	Court reports, Expert witness (for own clients), Throughcare/transitional care, Prison aftercare
Residential support:	Yes
Residential support options:	Crisis intervention/support, Residential rehabilitation, Other (please specify below)
Needle exchange:	No